# The Great Gratitude Challenge: Thanking God for every good thing.

Nehemiah 8:13–18 (supporting: Leviticus 23:33–34)

DAY 1: REVIEW

Visit the Parent Cue app (available for iOS and Android) to watch this week's Bible story.

Download it for free at parentcue.org/app.

Even if you already saw it at church, feel free to check it out again!

After watching So&So, write one thing that:

**1. You liked:**

**2. You learned:**

**3. You'd like to know:**

DAY 2: CELEBRATE THE GOOD

## Read Psalm 118:24 NIrV

When you hear the word celebrate, you might think about birthdays, holidays, or winning a big game. But did you know God wants you to celebrate Him too?

The people in Nehemiah's day stopped their normal routines and took time to remember everything God had done for them. They celebrated because God had been faithful, even when they had forgotten about Him.

Sometimes we move so fast from one thing to the next that we forget to pause and enjoy God's blessings. We finish a test, score a goal, make a new friend, or solve a problem, and then immediately move on to the next thing.

Celebration helps us slow down and remember that God is the source of every good thing. When we celebrate God's goodness, our hearts fill with joy and gratitude.

**What is one good thing that happened this week that you can celebrate with God?**

DAY 3:JOY MAKES YOU STRONG

## Read Nehemiah 8:10 NIrV

Have you ever noticed that gratitude and joy seem to go together? The more thankful you are, the more joy you experience.

When God's people heard His Word, they were sad at first because they realized how much they had messed up. But Nehemiah told them not to stay sad. Instead, they were to celebrate God's goodness because "the joy of the Lord" would make them strong.

Joy is not pretending everything is perfect. Joy comes from knowing God is with you, loves you, and keeps His promises.

When you stop and thank God for what He has done, your heart becomes stronger. Gratitude reminds you that God is still working, even when life is difficult.

The joy of the Lord helps me when _____.

DAY 4: CELEBRATE TOGETHER

## Read Hebrews 10:24–25 NIrV

God never intended for us to follow Him alone. One reason

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celebrations are so special is because we get to share them with other people.

The Feast of Booths was not something people celebrated by themselves. Families, friends, and neighbors all came together to remember God's faithfulness. They told stories, shared meals, and celebrated what God had done.

The same is true today. When you hear how God has helped someone else, it can encourage your faith too. That is why it is important to talk about God's goodness with other believers.

Sometimes hearing someone else's story reminds you of reasons to be thankful that you had forgotten.

Write the name of someone you can talk with about God's goodness this week: _____.

DAY 5: MAKE TIME FOR CELEBRATION

## Read Ecclesiastes 3:13 NIrV

Life gets busy. School, sports, activities, homework, and responsibilities can fill up your schedule. That is why making time to celebrate God is so important.

The people in Nehemiah's day stopped their work to celebrate what God had done. They made time to remember His faithfulness. Their joy grew because they focused on God's goodness.

**Celebration Scavenger Hunt**
**Before bed tonight, find:**

- One way God helped you
- One person you're thankful for
- One beautiful thing God created
- One reason to smile

**Pray: God, thank You for all the ways You have cared for me. Help me make time to celebrate Your goodness and remember Your faithfulness. Fill my heart with joy and gratitude every day. In Jesus' name, Amen.**

### Journal

Spend some time thinking about the question below and journal your thoughts or share them with a parent.

**How can you celebrate what God has done?**



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