

“To the Addict”
Mother’s Day, May 17th, 2026
What Would Jesus Say? - Part 7
Pastor Chris Rollins

“Freedom is available!”

“The Spirit of the Lord is on me, because he has anointed me to proclaim good news to the poor. He has sent me to proclaim freedom for the prisoners and recovery of sight for the blind, to set the oppressed free, to proclaim the year of the Lord’s favor.” Luke 4:18-19 (NIV)

“For all have sinned and fall short of the glory of God.”
Romans 3:23 (NIV)

**“Realize you’re not God and admit
that you are powerless to control your
tendency to do the wrong thing and your life is
unmanageable.”**

**The Bible calls this tendency:
my sinful nature.**

“I don’t really understand myself, for I want to do what is right, but I don’t do it. Instead, I do what I hate.” Romans 7:15 (NLT)

**The cause of most of our problems:
We want to be God.**

We try to control:

- our image
- our problems
- other people
- our pain

Consequences of Playing God:

1. Fear

“I heard you walking in the garden, so I hid. I was afraid because I was naked.” Genesis 3:10 (NLT)

2. Frustration

3. Fatigue

“My strength evaporated like water in the summer heat. Finally, I confessed all my sins to you and stopped trying to hide my guilt.”
Psalm 32:4-5 (NLT)

4. Failure

“People who conceal their sins will not prosper, but if they confess and turn from them, they will receive mercy.”
Proverbs 28:13 (NLT)

The First Step to Recovery & Freedom: Admit my powerlessness.

Biblical Term: Confession

“Confess your sins to each other and pray for each other so that you may be healed.” James 5:16 (NLT)

3 Important Facts of Life:

1. I am powerless to change my past.
2. I am powerless to control other people.
3. I am powerless to change my harmful habits and behaviors on my own.

“God opposes the proud but gives grace to the humble.”
James 4:6 (NLT)

“We felt we were doomed to die and saw how powerless we were to help ourselves; but that was good, for then we put everything into the hands of God, who alone could save us, for he can even raise the dead.”
2 Corinthians 1:9 (Living Bible)