

“Life In the Son”
March 22nd, 2026
1 John - Part 9
Pastor Chris Rollins

“I write these things to you who believe in the name of the Son of God so that you may know that you have eternal life.”

1 John 5:13 (NIV)

**1. Those who have life in the Son
believe in Jesus.**

“Everyone who believes that Jesus is the Christ is born of God, and everyone who loves the father loves his child as well. This is how we know that we love the children of God: by loving God and carrying out his commands. In fact, this is love for God: to keep his commands. And his commands are not burdensome.”

1 John 5:1-3 (NIV)

“Who is it that overcomes the world? Only the one who believes that Jesus is the Son of God.” 1 John 5:5 (NIV)

“They tie up heavy, cumbersome loads and put them on other people’s shoulders, but they themselves are not willing to lift a finger to move them.” Matthew 23:4 (NIV)

“You, my brothers and sisters, were called to be free. But do not use your freedom to indulge the flesh; rather, serve one another humbly in love.” Galatians 5:13 (NIV)

“If you love me, you will keep my commandments.” John 14:15 (ESV)

“This is love: not that we loved God, but that he loved us and sent his Son as an atoning sacrifice for our sins.” 1 John 4:10 (NIV)

**2. Those Who Have Life in the Son Trust the
testimony about Jesus.**

“This is the one who came by water and blood—Jesus Christ. He did not come by water only, but by water and blood. And it is the Spirit who testifies, because the Spirit is the truth” 1 John 5:6 (NIV)

“This is my Son, whom I love; with him I am well pleased. Listen to him!”
Matthew 17:5 (NIV)

“We accept human testimony, but God’s testimony is greater because it is the testimony of God, which he has given about his Son.”

1 John 5:9 (NIV)

**3. Those Who Have Life in the Son
possess eternal life.**

Whoever believes in the Son of God accepts this testimony. Whoever does not believe God has made him out to be a liar, because they have not believed the testimony God has given about his Son. And this is the testimony: God has given us eternal life, and this life is in his Son.

Whoever has the Son has life; whoever does not have the Son of God does not have life. 1 John 5:10-12 (NIV)