

Group Leader Guide

Breakthrough: part 5 “Promises”

Sermon Recap

Pastor Chris emphasizes the importance of holding onto God's promises when facing life's challenges. He highlights that God has over 8,800 promises in the Bible, and trusting in them provides the strength needed for breakthroughs. The sermon outlines four key points: draw strength from God's promises, meditate on them, surround yourself with godly people, and never let go of those promises. Ultimately, Pastor Chris encourages everyone to trust in God's timing and faithfulness, urging those who haven't yet put their faith in Jesus to embrace the promises of salvation and eternal life.

Discussion Questions

1. What from the sermon stood out to you? How were you challenged, motivated, or convicted from what you heard?
2. What does it mean to hold on to God's promises during difficult times, and how can that help us with our struggles?
 - Pastor Chris talked about how holding on to God's promises can provide strength and hope when facing problems, emphasizing the importance of what we choose to hold on to.
 - Can you think of a time in your life when holding on to a promise helped you overcome a challenge?
3. Why is it important to meditate on God's promises rather than focusing on our problems?
 - In the sermon, Pastor Chris highlighted the difference between worrying about problems and taking time to reflect on God's promises, which can lead to peace.
 - What are some practical ways you can meditate on God's promises in your daily life?
4. How can drawing strength from God's promises change your perspective during difficult situations?
 - Pastor Chris shared that God's promises can provide comfort and revival during hardships, encouraging us to rely on them for strength.
 - Can you identify a specific promise from God that you can rely on during a tough moment?
5. What does the verse from Psalm 145:13 tell us about God's reliability in keeping promises?
 - The sermon referenced the verse which states that 'The Lord always keeps his promises,' emphasizing that we can trust God completely.
 - How can this verse encourage you to trust God more in your current situations?
6. How can surrounding ourselves with people who believe in God's promises impact our ability to hold on during struggles?
 - Pastor Chris emphasized the importance of leaning on Godly people who can offer support and remind us of God's truth.

- Who in your life encourages you with God's promises, and how can you seek out their support when facing challenges?

Prayer

- Ask for prayer requests from the group.
- Pray for the strength to draw upon God's promises throughout the week.
- Request guidance in meditating on God's word daily.
- Ask for encouragement to lean on friends and community for support.